



QM | Queen Mary
SU | Students' Union



2026-2027

WELCOME TO QUEEN MARY STUDENTS' UNION

We're QMSU, your Students' Union, and we're here to help you make the most of university life.

We're independent from the University, led by students and not-for-profit. Everything we do is for you. From fun activities and new friendships, to speaking up on the issues that matter most, we'll work to make Queen Mary feel like home.



There's loads of stuff to get involved with! Why not...

- ☐ Join a society, sports club or social league
- ☐ Try out volunteering or organise a charity event
- ☐ Develop new skills and qualifications
- ☐ Take a role at our student newspaper, radio station or magazines
- ☐ Workout at Qmotion, our on-campus gym
- ☐ Make a difference through our sustainability projects
- ☐ Try something new at a Get Active session
- ☐ Become a Student Rep and help improve student life
- ☐ Meet new people at a QMSU social event
- ☐ Have your say at a Student Forum or All Student Meeting

Who leads the Students' Union?

The Students' Union is led by students, for students. Every year, students elect six full-time Executive Officers (like in a general election!) to represent them and campaign on the issues that matter most.

Fancy making a difference? You can vote, stand in our elections or become a Rep. Look out for Course Rep Elections in September and the Spring Elections in February.

Find out
how to get
involved on
page 10



**WE LISTEN. WE ACT.
WE IMPROVE
STUDENTS' LIVES.**

CLUBS & SOCIETIES

Got a hobby or passion you love, or something new you really want to try? We have over 250 Societies and Sports Clubs that will link you up with other people who like the same stuff too!

Why join?

You'll have the chance to meet new friends, learn new skills and boost your CV at the same time. It's also a great way to take a break from studying and think about something completely different to your uni work.

How does it work?

Student groups are student-run, with support from QMSU. Join for a small membership fee that helps fund activities, events and trips. Want to take on more? Become a committee member and gain leadership experience as a President, Secretary or Treasurer.



What can I expect?

Every group is different, but here's some of the things you might find:

- Social and Academic Events
- Trips and Excursions
- Workshops, Talks and Seminars
- Training and Mentoring programmes
- Fundraising and Volunteering
- Cultural Nights and Festivals

**LEARN
NEW
SKILLS**

Check out our huge range of diverse groups!



Academic

Broaden your horizons academically in a relaxed and social environment

Campaigning & Political

Deepen your knowledge and express what's important to you

Cultural

Immerse yourself in the values, traditions and customs of cultures across the world

Faith & Spiritual

Observe and celebrate your beliefs



Meet our student groups
at the Welcome Fair

Hobbies & Interests

Hang out with new friends, relax and have fun

Liberation

Celebrate our diverse communities and create change

Performing Arts

Express yourself creatively and showcase your artistic talents

Professional Development

Expand your knowledge and develop transferable skills

Sports Clubs

Represent Queen Mary in competitive or recreational sports

Student Media

Pursue media skills in a semi-professional environment

Volunteering Groups

Use your downtime for good, level up and share experiences with others

If a student group doesn't feel right for you, our Try Something New programme has lots of one-off activities like Crafternoons, which you might wanna check out instead. Many are free!

Grab a brochure from the SU Hub or in our spaces during Welcome Week.

Find out more
about our
Welcome Fair



HELLO, SPORTS FANS

Uni is all about creating a lifestyle that feels authentic and makes you feel great. From competitive sport to casual sessions and the gym, getting active at Queen Mary is whatever you want it to be.

Play & Compete

From complete beginners to national competitions, our Sports Clubs and Social Leagues have something for everyone. Play for fun, compete for Queen Mary or try a brand new sport.



Lead & Develop

Sport needs coaches, officials and leaders too. Gain funded qualifications, develop your skills and discover paid opportunities through our Sports Employability Academy.

Move & Connect

Not into weekly training? No problem. Our Get Active sessions let you book one-off activities like badminton, table tennis and pickleball from just £2. Or you could join a Social League for friendly competition without the ongoing commitment of a club.



Find out more
about Qmotion

Hit the gym



Qmotion is our on-campus gym, with three floors of strength and fitness equipment, a women's-only fitness space and daily group exercise classes. Plus loads of bonus freebies some other gyms don't offer like free personalised instructor programmes.

LEAVE THE WORLD A BETTER PLACE

Stand up. Get involved. Make it count. We're here to help you turn what you care about into action, and have a good time doing it!



Follow @qmsuvolunteering
or scan to learn more about
Volunteering and Outreach.

Community Goals

Volunteering is a great way to meet people, build new skills and give something back. Whether you have an afternoon or a whole semester, there's an opportunity to suit you.

- Try a low-commitment, full or half day opportunity through the Give Volunteering a Go scheme
- Get a group together to do some student-led volunteering, helping support the local community
- Find a Community Volunteering and Outreach opportunity that matches your interests and availability

There's no planet B

We have events and volunteering opportunities all year round that put sustainability into action.

Submit your
sustainability
suggestions



GET LIBERATED

Uni's your space to be exactly who you want to be, and celebrate our culturally and socially diverse community of students.

If you have an idea that celebrates culture, raises awareness or shines a light on the experiences of marginalised communities, we want to help make it happen.

Our Liberation Fund supports you to organise events, activities and campaigns throughout the year that celebrate identity, share lived experiences and build a more inclusive campus.



You could...

- Invite inspiring guest speakers
- Host film screenings, talks or panel discussions
- Celebrate culture through food, music and traditions
- Organise creative workshops, exhibitions or performances
- Run social events or awareness campaigns

Help create a campus where everyone feels seen, celebrated and heard.

**Apply for
funding and
bring your
idea to life!**



LEAD YOUR STUDENTS' UNION

Want to make change happen? From leading QMSU to improving your course, campus or student experience, there are loads of ways to get involved and make your voice count.



VISH

President



MARIA

VP Barts &
The London



SHAKSHI

VP Liberation,
International &
Postgraduates



RILEY

VP Science &
Engineering



ASHPREET

VP Welfare



PRADHUMAN

VP Humanities &
Social Sciences

Learn more about
Student Voice at QMSU



All Student Meetings

This is your main space to shape the political position of the Students' Union. Submit and debate ideas, ask questions and vote on motions that decide what stance QMSU should take on issues affecting the student community.



Join a Student Forum

Get together with other students to talk about issues that matter to you, share ideas, and help shape the Students' Union, Queen Mary and wider student politics.



Become a Rep

Student Reps help make life at Queen Mary better, from Liberation and Welfare Reps to Activity Reps, all working together through the Student Rep Committee.

Course Reps represent students on their course, gathering feedback and working with academic staff to improve teaching, assessment and student life. Elections take place every September, with full training provided.



Start a campaign

Passionate about something? Whether it's sustainability, university policy, better facilities or an issue that matters to you, we'll help you get started. You don't need to be an elected Officer, and campaigns can be about anything.

Share your ideas

Simply complete a quick form, then we'll work with you to explore how to bring your idea to life at QM.



Celebrate your wins

Your feedback creates real change. From better teaching and study spaces to improved facilities, wellbeing support and food options, your voice helps shape QM.



YOUR SPACES

EAT. DRINK. RELAX. SHOP. STUDY. SOCIALISE.

THE STUDENTS' UNION HUB

Welcome to the heart of the Students' Union. From support and guidance, to microwaves and table football - plus great matcha lattes in Ground Cafe!

STUDENTS' UNION HUB



QMSU RECEPTION



GROUND CAFE



THE NEST



MULTI-FAITH CENTRE



THE STUDENTS' UNION QUARTER

From your first day to your graduation, this is the place to eat, meet, study, workout and make memories.

DRAPERS BAR & KITCHEN



UNION SHOP & CAFE



THE LOUNGE



Q MOTION SPORT & FITNESS



GODWARD SQUARE



WHITECHAPEL CAMPUS

The Garrod Building is the home of QMSU at Whitechapel. Find spaces to eat, drink, study and catch up with friends, plus faith and rest spaces.

THE GRIFF



OLD LIBRARY



RECOVERY ROOMS



MULTI-FAITH CENTRE



CHARTERHOUSE SQUARE, BARBICAN

Grab a barista coffee, pastry, sandwich or snack without having to leave campus. With plenty of room to chill out or study in peace.

THE SHIELD CAFE



DANCE & FITNESS STUDIO



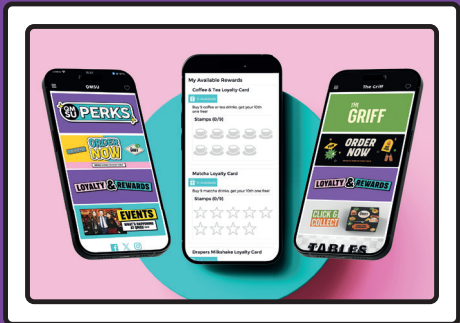
● CHILL OUT ● FAITH ● MERCH ● EAT & DRINK
● GAMING ● STUDY ● GYM ● EVENTS ● INFO

QMSU PERKS

Save time, earn points, and get rewarded for using QMSU venues with our loyalty and ordering app.

- Earn points every time you spend at QMSU outlets
- Unlock rewards, giveaways and thank you gifts
- Order food or drinks straight from your phone

Just search **QMSU Perks** in your app store to get started today!



QMSU SAVER TIP:
**SAVE 50P ON BARISTA
DRINKS WITH YOUR OWN
CUP IN QMSU VENUES**



BRAND NEW FOR 2026



STUDENT VILLAGE CO-OP

Your Students' Union run Co-op brings hundreds of products to campus, including fresh food, meal deals, snacks, drinks and everyday essentials. And because it's owned and run by QMSU, every purchase helps support student activities and services.



Feel good spending

Every penny you spend in QMSU spaces goes straight back to benefiting you... from fun events to vital support services, our venues help provide vital funds to support happy, thriving students.

HELP & SUPPORT



Starting uni is a big change. We have services to support you every step of the way.

Money and budgeting

Worried about managing your money? You're not alone - and you don't have to figure it out by yourself.

The uni's Advice and Counselling Service offers free, confidential help with budgeting, plus supermarket vouchers, loans and grants.

On campus, you'll also find:

- Food pantries for those in need
- Free sanitary products
- Money-saving tips on our socials
- Voucher booklets to save £££ at Students' Union venues
- And we're pushing to offer more free events and campaigning to keep uni affordable.

Studying and exams

Our Academic Advice Service offers confidential advice and representation on a range of academic issues and is open to all students.

The uni's Disability & Dyslexia Service also supports students with disabilities, learning differences or mental health needs.

Accommodation

Get support from the uni's Housing Service with finding a place to live, dealing with landlords, and even checking your contract before you sign.

Check out more support options →



Health and wellbeing

Your wellbeing comes first, always.

You can see a doctor on campus through the Student Health Service, including advice on sexual health, drugs and alcohol.

The Advice and Counselling Service can help you look after your mental health, and runs regular Wellbeing Workshops.

You can also meet new people through the Queen Mary Buddy Scheme - connecting new students with friendly, experienced ones in your school.



Life after graduation

Not sure what's next for you? The Careers and Enterprise team is here to help you figure it out - with careers events, workshops and advice to get you ready for whatever comes next.

Bullying & harassment

Queen Mary is for everyone, and abuse of any kind has no place here. Use the uni's Report + Support system to call out or get support with bullying, harassment, hate incidents, or gender-based violence. Every report is taken seriously.



Your voice matters

Got an idea? Could we be doing more to help? Please let us know.

Better support starts with listening and understanding what's important to you.

EXPLORE LIKE A LOCAL

In East London
there's always
something to
do. Here's our
highlights reel...



Food, fashion & market finds

Brick Lane: Iconic for curries and bagels.

Kingsland Road: East Asian eats and an Oriental supermarket.

Spitalfields Market: Street food, indie brands and fun vibes.



Stuff to do (that won't cost loads)

Genesis Cinema: Indie films, super comfy sofas and great snacks.

Westfield Stratford City: Europe's biggest shopping centre.

Barbican Centre and National Theatre: Student deals on world-class shows.

Tate Modern and Whitechapel Gallery: Always free, always cool.

Shoreditch: Adult ball pits, ping pong bars, bowling and more.

Columbia Road Flower Market: Sunday strolls, people watching, room glow-ups.

Local sample sales: Look elite for less. Up to date fashion, amazing deals.

Green spaces on your doorstep: Mile End Park, Victoria Park, Regent's Canal and Greenwich Park.

Stepney and Hackney City Farms: Cute animals, free entry, wholesome vibes.



Wanna know the latest?

Check out qmsu.org or our socials: Instagram, TikTok, Facebook, LinkedIn and YouTube.

