

Achieving the Skills Award with LinkedIn Learning Sessions

The Skills Award: how it works

The Skills Award is Queen Mary Students' Union's employability programme. All Skills Sessions are completely free, and anyone looking to enhance their employability skills can register to attend.

However, you will need to have a **role of responsibility within the Students' Union** to be eligible to achieve the Skills Award itself. Click [HERE](#) for the full list of roles which can be found on the Students' Union website.

To achieve a Skills Award, you will need to hold a role of responsibility within the Students' Union and attend one of our **Reflection Sessions**. Reflection Sessions will focus on how to reflect on what you have learnt in both your Students' Union role and in Skills Sessions. There are different levels to the Skills Award:

- For a Bronze Skills Award, you will need to attend **one** Skills Session.
- To receive a Silver Skills Award, you will need to attend **two** Skills Sessions.
- To achieve a Gold Skills Award, you will need to attend **three** Skills Sessions.

To be eligible for a Skills Award, you will also need to have completed all compulsory training for your role of responsibility. For your **Gold Skills Award** to be recognised on your HEAR transcript, you will need to have completed a total of **ten hours** of unpaid training. This can be made up from hours spent on your Students' Union role and Skills Award sessions. For example, three Skills Sessions and a Reflection Session usually adds up to at least **five** hours, which means you can make up the other **five** hours in your role of responsibility to achieve a Gold Skills Award.

An alternative way to achieve the Skills Award is by participating in LinkedIn Learning sessions which can also count towards as a Skills Session. The difference is you can watch these wherever and whenever!

Achieving your Skills Award with LinkedIn Learning

LinkedIn Learning is completely free for you to access. Just go to linkedinlearning.qmul.ac.uk and log in using your **university email address** to activate your account. Sessions that count towards the Skills Award are those that are **one hour** in duration and are **relevant to developing your employability skills**.

We've listed some LinkedIn Learning courses which are applicable for the skills we have covered in our Skills Sessions which you can complete in case you are unable to attend the session in person. Please note that some of these are under 1 hour long and will need to be completed alongside other sessions to make up the full hour.

For a LinkedIn Learning session to count towards your Skills Award, you must email evidence of your certificate of completion to su-employability@qmul.ac.uk and then include the session as part of the evidence submission form which you will be required to complete at the end of Semester B.

Adaptability:

- Creating a Culture of Change (56 minutes): <https://www.linkedin.com/learning/creating-a-culture-of-change>
- Managing Stress for Positive Change (53 minutes): <https://www.linkedin.com/learning/managing-stress-for-positive-change>
- How to be an Adaptable Employee during Change and Uncertainty (35 minutes): <https://www.linkedin.com/learning/how-to-be-an-adaptable-employee-during-change-and-uncertainty>

Assertiveness:

- Becoming Assertive: Advocate for Your Interests (52 minutes): <https://www.linkedin.com/learning/becoming-assertive-advocate-for-your-interests>

Communication Skills:

- Communication Foundations (1 hour 22 minutes): <https://www.linkedin.com/learning/communication-foundations-2>

Cultural Competence:

- Cultivating Cultural Competence and Inclusion (46 minutes): <https://www.linkedin.com/learning/cultivating-cultural-competence-and-inclusion>

CV Design

- CV Success Masterclass (52 minutes): <https://www.linkedin.com/learning/cv-success-master-class>

Dealing with Conflict:

- Conflict Resolution for Beginners (1 hour 34 minutes): <https://www.linkedin.com/learning/conflict-resolution-for-beginners>
- Conflict Resolution Foundations (51 minutes): <https://www.linkedin.com/learning/conflict-resolution-foundations-4>

Effective Virtual Communication:

- Connecting and Collaborating in a Virtual or Hybrid Workplace (44 minutes): <https://www.linkedin.com/learning/connecting-and-collaborating-in-a-virtual-or-hybrid-workplace>

Interpersonal Skills:

- Interpersonal Communication (37 minutes): <https://www.linkedin.com/learning/interpersonal-communication>

Leadership:

- Leadership Foundations (1 hour 50 minutes): <https://www.linkedin.com/learning/leadership-foundations-4>

Negotiation:

- Negotiation Skills (2 hours 7 minutes): <https://www.linkedin.com/learning/negotiation-skills>

Networking for Success:

- Professional Networking (27 minutes): <https://www.linkedin.com/learning/professional-networking>
- LinkedIn Quick Tips (24 minutes): <https://www.linkedin.com/learning/linkedin-quick-tips-2022>

Personal Development Planning:

- Creating a Career Plan (41 minutes): <https://www.linkedin.com/learning/creating-a-career-plan>
- How to Develop your Career Plan (24 minutes): <https://www.linkedin.com/learning/how-to-develop-your-career-plan>

Personal Effectiveness:

- Habits for Becoming Your Most Effective Self (1 hour 3 minutes): <https://www.linkedin.com/learning/habits-for-becoming-your-most-effective-self>

Presenting with Confidence & Presentation Skills:

- Speaking Confidently and Effectively (22 minutes): <https://www.linkedin.com/learning/speaking-confidently-and-effectively>
- Designing a Presentation (56 minutes): <https://www.linkedin.com/learning/designing-a-presentation-14176816?u=52187153>

Problem Solving:

- Problem Solving Techniques (1 hour 32 minutes): <https://www.linkedin.com/learning/problem-solving-techniques>

Project Management:

- Project Management Simplified (1 hour 44 minutes): <https://www.linkedin.com/learning/project-management-simplified-2019>

Public Speaking:

- Public Speaking Foundations (1 hour 3 minutes): <https://www.linkedin.com/learning/public-speaking-foundations-2018>

Resilience & Wellbeing:

- Building Resilience (34 minutes): <https://www.linkedin.com/learning/building-resilience>
- Wellbeing in the Workplace (23 minutes): <https://www.linkedin.com/learning/well-being-in-the-workplace>
- Improving Your Mental Health at Work (58 minutes) <https://www.linkedin.com/learning/improving-your-mental-health-at-work>

Sustainable Careers:

- Green Jobs for Sustainable Careers (54 minutes): <https://www.linkedin.com/learning/green-jobs-for-sustainable-careers>

Teamwork:

- Teamwork Foundations (1 hour 25 minutes): <https://www.linkedin.com/learning/teamwork-foundations-2020>

Time Management:

- Time Management Fundamentals (1 hour 47 minutes): <https://www.linkedin.com/learning/time-management-fundamentals-14548057>