

Pay As You Play Timetable

Budget friendly

Chill

Membership free

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8-8:45am		Yoga Blomley Rooms					
10-11am						Run & Coffee Club Meet at Ground	
12-1pm	Racket Rally Qmotion Sports Hall	Badminton Qmotion Sports Hall		Ultimate Frisbee Qmotion Sports Hall	Wellbeing Walk Meet at Ground		
1-2pm				Table Tennis Qmotion Active Studio	Volleyball Qmotion Sports Hall		
4-5pm							Basketball Qmotion Sports Hall
5-6pm	Pickleball Qmotion Sports Hall	Indoor Cricket Qmotion Sports Hall					
6-7pm				Badminton Qmotion Sports Hall	Tennis St Paul's Way Trust School		Football St Paul's Way Trust School

Organised sport isn't for everyone, so why not try a Get Active pay as you play session for some laid-back fun? Sessions cost £2 or less and you don't need any equipment or special sportswear - just yourself.



Find out more and
book sessions at
qmsu.org/getactive



£2
or less