

CLUB RULES

1.MINORS

For health and safety reasons the Club reserves the right, at its absolute discretion, to determine whether facilities are available to minors and the conditions applying, if so. These conditions will be displayed on Club notice boards and may relate to minors' ages, adult supervision and availability times.

2. SMOKING

Please note that the Club is a non-smoking environment. The Club reserves the right, at its absolute discretion, to restrict outside smoking to designated areas.

3. TOURNAMENTS/SOCIAL ACTIVITIES.

The Club reserves the right at any time, with or without notice, to set aside facilities for tournaments, exhibitions or other social activities.

4.DRESS CODES.

Members are required to dress appropriately when using the Club facilities and to observe any dress requirements displayed on Club notice boards in particular areas. Correct footwear (which must also protect toes) and t-shirts or singlets must be worn at all times.

5. FITNESS AREAS.

Access to the fitness areas may be limited in the event of classes or pre-organised sessions. Details of these will be posted on Club notice boards.

6. LOCKERS.

For security reasons, Members are asked to store personal belongings in the lockers provided. All usage of lockers is governed by the membership terms and conditions. Lockers are provided for use on a daily basis only, unless otherwise agreed with the Club. Items left overnight will be removed on the following day and a fine will have to be paid to retrieve items.

7. LOST PROPERTY.

All lost property found on the premises should be handed in to Club Reception. Items whose ownership cannot be identified will be stored by the Club for a month and then donated to local charities. Items which appear valuable may be sold with the proceeds donated to charity.

8. SAFETY AND HYGIENE.

In the interests of safety and hygiene, no crockery or glasses are allowed in the changing rooms, fitness areas, studios and other activity areas. No pets will be allowed in Club premises, with the exception of guide dogs.

Entry to the Club is only permitted at the club reception entrance. Fire exits, which are clearly marked, are there in the interests of safety and Members must not interfere with these doors for any reason. In the event of an emergency evacuation, Members must immediately make their way in an orderly fashion to the nearest available exit.

9. BEHAVIOUR.

If any Member shall cause nuisance or annoyance to other Members or Club Staff, or misuse the Club Facilities, or breach any etiquette guidelines, or generally behave inappropriately, the Club reserves the right to refuse admission or suspend or terminate membership. In particular, abusive language, threatening or violent behaviour will not be tolerated.

No photography (including the taking of images through use of a mobile phone or camcorder) is allowed in any area of the Club.

10. MOBILE PHONES.

The use of mobile phones by Members within the Club is prohibited except within designated areas. The Club reserves the right, at its absolute discretion, not to provide any designated area and/or to determine rules under which mobile phones might be used.

11. BOOKED ACTIVITIES.

Members who fail to take up a booked activity, or fail to give the required notice, will be charged an administration fee, together with the activity cost, if applicable. Further details of the level of these fees are available from Reception and may vary from time to time at the sole discretion of the Club Manager.

12. DESIGNATED AREAS

Members of the Club are allowed to use all the facilities within the Club, whereas students/members of the public who are non- members who have hired facilities within the Club must not use any area that they are not entitled to, and this must be monitored by Club staff and other authorised personnel e.g. Presidents' of the differing Clubs and Societies. Any such behaviour will result in a fine or the guilty parties not being allowed to hire/use such facilities in the future.

13. COMMENTS AND COMPLAINTS.

Please refer any comments or complaints to a member of the Club staff. Written complaints must be addressed to the Club Manager in the first instance.

A copy of Q Motion's complaints procedure is available on request.

14. GENERAL.

No food or drink, alcoholic or otherwise, or illegal substances may be brought into and consumes within the Club or its grounds.

Rules applying to the use of specific areas of the facility (such as the main gym) are displayed on posters on the wall in that particular area.