

# SHAMIMA AKTER

## for VP Welfare

VOTE FROM MON 4TH –  
THURS 7TH MARCH

[QMSU.ORG/ELECTIONS](http://QMSU.ORG/ELECTIONS)

Ensure students are better signposted to the correct areas of help – the relevant information needs to be readily available and accessible.

- › Online, at advice and counselling and SU staff should also be aware of where to direct students for the required assistance.

Introduce peer – to – peer mental health training for students on campus.

Work to raise awareness and increase conversation surrounding mental health within the BAME community.

Ensure that students are able to be directed to the correct form of help and reporting process for sexual assault within and outside of campus.

- › For example, staff at drapers should be trained on how to deal with sexual assault reports during events.

Work towards more diversity within the Advice and Counselling system as well as longer hours, so more students, especially from Barts, can access the services and receive help, whilst avoiding the stigma surrounding it.

Support campaigns like MHAF (Mental Health Awareness Fortnight) to tackle the stigma, whilst keeping the autonomy of BLSA.

Ensure that months such as Black History Month, Asian Heritage Month, Islamophobia Awareness Month and LGBT+ History Month all continue with greater involvement from students.

Create more awareness for issues such as domestic violence, forced marriages, FGM and toxic relationships.

Lobby the university to create a suitable fund for liberation groups, that can be accessed by the groups fairly.

Create focus groups to understand issues surrounding male mental health on campus.



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#AKTonit

